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# GENTLE AND QUIET SPIRIT

1 Peter 3: 3-4



# Where we're going

## Introduction

1. Why does this concern us? Meaning of words. **Head**
2. What does it look like? Examples from God's word. **Heart**
3. What then should we do? **Hands**

## Conclusion



# 1. Head

## \* The meaning of the words

- Greek word = gentle, humble, considerate
- It is the same word that Jesus uses to describe himself in Matthew 11:28-30 - Stott
- It is also found in the beatitudes. Matthew 5: 5 “Blessed are the meek, for they shall inherit the earth. - Piper, Hughes
- Found in Gal 5 as one of the fruits of the Spirit - Piper

\* Not a personality or a spiritual gift that only some might have.  
Something everyone should be working on - sanctification

## 2. Heart - Examples

### \* Moses

Numbers 12: 1- 4

### \* James 1:19-21

quick to hear, slow to speak, slow to anger;

### \* Jesus

Matt 11:28-30    Meek

John 18: 1 - 11    In the garden does not defend himself

Matt 12:34    Pharisees

Matt 21:12 - 13    In the temple

Mark 8:33    Peter

### \* Psalm 37





# Psalm 37

\* Matt 5 directly quotes from this Psalm

\* What does this Psalm have to say what a meek person looks like?

- Vs 1 - fret not because of evil doers
- Vs 3 - trust in the LORD and do good
- Vs 4 - delight yourself in the LORD
- Vs 5 - commit your way to the LORD, trust in him
- Vs 7 - be still before the LORD and wait patiently, fret not
- Vs 8 - fret not
- Vs 9 - talks about those who wait on the LORD
- Vs 11 - the meek shall inherit the land
- Vs 16 - the little the righteous may have is better than the abundance of the wicked
- Vs 21 - The righteous are generous and gives
- Vs 26 - ever lending generously
- Vs 29 - the righteous shall inherit the land
- Vs 30 - the mouth of the righteous utters wisdom and his tongue speaks justice
- Vs 34 - wait for the Lord

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- \* Dr. Martyn Lloyd-Jones “Meekness is essentially a true view of oneself, expressing itself in attitude and conduct with respect to others.”
  - \* George Müller - Rolling things onto God . When asked how he handled all the possible worries.
  - \* Rev. Kent Hughes - Meekness is a paradox in our world. How can the meek inherit the earth?
  - \* Dr. Martyn Lloyd-Jones - “The man who is truly meek is a man who is amazed that God and man think of him as they do.”



# What it is and what it's not

Meekness is or does	Meekness isn't or doesn't
Aware of own fallibility	Proud
Teachable	Defensive
Gives reasons in an argument	No opinion because doesn't want to be proved wrong or have to change.
Vulnerable	Defensive
Provides opinions	Scared of what others might think
Suspicious of oneself	Doesn't see that they are broken
Strong	Weak
Self-controlled	All over the place
Part of sanctification	A personality
Not easily angered	Without anger
Defend the truth and stand for justice	Defend oneself
Trusting/waiting on the Lord	Worrying
Quiet spirit before the Lord	Worrying/anxious
Makes decisions	Indecisive

# 3. Hands

- \* Do not fret, trust in the LORD and go and do good
- \* The 1st greatest commandment and the 2nd greatest commandment seen in Psalm 37. See verses 3 and 4
- \* What is this good?
  - \* James 1:27
  - \* Isaiah 1:17
  - \* Matt 25:31-46



# 3. Hands cont.

- \* In the end it's all about God  
Matthew 5:16

- \* Warning - Amos

- Opens by rebuking nations around Israel, including Judah
- Then rebukes Israel, mostly for how they have treated the poor.
- Israel will be punished
- There is hope at the end for Israel

- \* Talk and learn

# Remember who you are

- \* It's hard. We fail and cannot do it on our own. Only through the power of the Holy Spirit.
- \* It starts in our hearts. Regeneration. Ask through prayer. Remember who you are.
- \* Our identity - Children of the Father, Servants of the King, Missionaries through the Holy Spirit
- \* We are - Saved, redeemed, children of a merciful God, filled with the Holy Spirit who gives us the power to be meek. So that we can delight, trust, and be quiet/still in the Lord. Not worrying or fretting but going and doing good so that we and others may bring glory to Him.
- \* [mckinnonrp.org.au/meekness](http://mckinnonrp.org.au/meekness) for the sermons and articles on meekness.